



CITY OF VICTORIA

PROCLAMATION

"MYALGIC ENCEPHALOMYELITIS AND FIBROMYALGIA AWARENESS DAY"

- WHEREAS** *Myalgic Encephalomyelitis (ME, also known as Chronic Fatigue Syndrome) and Fibromyalgia (FM) affect 3% of Canada's population with symptoms including chronic pain, extreme physical exhaustion, immune dysfunction, and cognitive impairment ; and*
- WHEREAS** *ME and FM greatly reduce quality of life, can cause total disability, and cost the Canadian economy more than \$6 billion annually; and*
- WHEREAS** *the causes of these diseases are still unknown and there are no effective treatments for them, so more research is urgently needed; and*
- WHEREAS** *multiple treatments are available for PH but it takes patients an average of nearly 3 years go be accurately diagnosed. This delay in diagnosis has not changed in the past twenty years; and*
- WHEREAS** *living with these diseases can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone.*
- NOW, THEREFORE** I do hereby proclaim the May 12th 2015 as "**MYALGIC ENCEPHALOMYELITIS AND FIBROMYALGIA AWARENESS DAY**" in the **CITY OF VICTORIA, CAPITAL CITY** of the **PROVINCE** of **BRITISH COLUMBIA**, the **TRADITIONAL TERRITORIES** of the **ESQUIMALT AND SONGHEES FIRST NATIONS**.

IN WITNESS WHEREOF, I hereunto set my hand this 30th day of April, Two Thousand and Fifteen.




LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA

Sponsored by:
Gloria Gray
Myalgic Encephalomyelitis
Association Victoria